SUMMER INFORMATION ONLY

Trail and road conditions will change so map users must take personal responsibility for their own safety.

OPEN FIRES ARE NOT PERMITTED IN THE BACKCOUNTRY

NOTE TO HIkers
Please stay on trails and camp in designated campsites. Practice no-trace camping by packing out all garbage.

Manning Park Resort
Proud Operator of
Campgrounds: Coldspring, Mule Deer, Hampton, Lightning Lake & Lone Duck.
Book your campsite in Manning Park
Toll Free: 1-800-689-9025
www.discovercamping.ca
Visitor Centre
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For information or to book call 1-800-330-3321 or 604-668-5922
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**SHORT TRAILS**

**Canoes/Kayaks/Rowboats/Stand Up Paddleboards**

- **Beaver Pond** - 500m - 15 minutes. Parking lot off Highway 3 just east of the Visitor Centre. Excellent birdwatching.
- **Rein Orchard** - 500m - 15 minutes. Parking lot just past Similkameen River on Gibson Pass Road. Watch for tiny rein and bog orchids along trail.
- **Sumallo Grove** - 700m - 25 minutes. Start at Sumallo Grove picnic area off Highway 3 near west end of park. Giant western red cedar trees, douglas fir and hemlock.

**Hiking**

- **Paintbrush** - 1km - 20 minutes. Start in upper parking lot at Blackwell Peak. Flowers are peak bloom mid-late July.
- **American Dipper**
- **Stellar’s Jay**
- **Lupine**
- **Mountain Bluebird**
- **Nicomen Lake, Pacific Crest (PCT)**
- **American Dipper**

**Enjoying the wildlife:**

- Keep your campsite clean.
- Store food/scented items in the car - not the tent!
- Never leave food or garbage unattended.
- Don’t feed wildlife.
- Give wildlife their space - keep a safe distance.
- Make plenty of noise hiking to avoid surprises!

**MANNING’s Wildlife thanks you!**

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**LONG TRAILS**

**Bonnevier** - 29km one way - 11 hours - 950m elevation change.

Start at Blackwall Peak parking lot and hike Heather Trail. 2km past Buckhorn Campsite to trail turn off. End trail at east end of park across from McDiarmid Meadows.

**Windy Joe** - 18km return - 5 hours 455m change.

Start at Similkameen River on Gibson Pass Road. Trail is a fire access road to file lookout shelter at top of mountain with great view.

**Pacific Crest (PCT)**

- **Windy Joe Trail** - 2km one way - 6 hours - 450m change. Start at Similkameen River on Gibson Pass Road. Follow Windy Joe Trail at first then branch off to Mt. Frosty Trail then PCT. Campsite just after branch, or continue on to US border. This trail is one end of the PCT trail, a 6 month trail from Canada to Mexico.

**Monument 83** - 14km one way - 5 hours, 850m elevation change. Start at Strawberry Flats Parking Lot. Trail begins at parking lot on Hwy 3 ends at US border.

**Poland Lake** - 16km return - 6 hours - 435m elevation change. Start at Strawberry Flats Parking Lot. Trail is on North side of Gibson Pass Road. Trail goes to downhill ski area then along ridge to Polidale Lake. Return possible via a short, easy trail.

**Mount Frosty** - 22km return - 10 hours, 1100m elevation change. Start at Lightning Lake Day Use Area, trail starts across dam at east end of lake. Campsite is at 8km, peak at 11km. Return the same way or loop past Windy Joe.

**Mount Fribby**

- **Skylines I & II**
- **Mount Hope** - 12km one way - 4.5 hours. Start at Lightning Lake Day Use Area, trail starts across dam at east end of lake. Campsite is at 8km, peak at 11km. Return the same way or loop past Windy Joe.

**Mount Fribby**

- **Songbird**

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**MID RANGE**

**Lightning Lake** - 4.5km 1hr - 1.5 hrs. Trail follows around the lake. Shorter distance is crossing Rainbow Bridge, longer is the whole way around.

**Thunder Lake** - 12km one way - 4.5 hours. Start at Lightning Lake and follow trail past Flash Lake and Strike Lake. Campsite is between Strike and Thunder.

**Three Falls - 9km return - 3 hours**

Start at Strawberry Flats. Trail goes past downhill ski area to Shadow Falls (3km), Nepopekum Falls (2km across valley) and ends at Derek Falls (4.5km).

**Dry Ridge** - 1.5 km one way - 30 min, 50m elev change. One end of the trail is 400m up Blackwall Road from the Cascade Lookout, the other is 2km. A rocky ridge with flowers and views.

**Hearth Trail** - 2km one way - 10-12 hours, 292m elev change. Start at Blackwall Peak parking lot. Trail follows old fire access road to Blackwall Campsite (5km) then heads up old burn and across meadows. At 10km trail reaches foot of First Brother mountain. Kicking Horse Campsite is at 13.5 km and trail continues to Nicolmen Ridge (21km). Nicolmen Lake Campsite is another 2 km below this ridge.

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**VISITOR CENTRE**

*Open 9am-6pm, Summer Hours 9am-4pm. Sani Station available *

**INFO * DISPLAYS * PICNIC AREA * RETAIL \* 1km \* 20 minutes. Start in upper parking lot**

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**BEAR SMART AND WILDLIFE AWARE!**

Feeding wildlife feels like helping, but often hurts the animals we care about. Bears that are used to eating human food become a safety problem and have to be killed. Other animals - even deer and ground squirrels can really hurt you if you get too close. Do your part to protect the wildlife you love in this park:

- Keep your campsite clean.
- Store food/scented items in the car - not the tent!
- Never leave food or garbage unattended.
- Don’t feed wildlife.
- Give wildlife their space - keep a safe distance.
- Make plenty of noise hiking to avoid surprises!

**MANNING’s Wildlife thanks you!**

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**COUNTRY STORE**

**& LIQUOR STORE**

Forgot something? We've got you covered.

**From clothing to food and beyond!**

Located in the Pinewoods Building at Manning Park Resort

**Open from 8am-8pm.**

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**THE BOATHOUSE**

**At Lightning Lake Day Use Area**

**Open 9am-6pm Weather Dependent.**

When closed rentals and returns can be done through Manning Park Resort Lodge Front Desk.

Canoes/Kayaks/Rowboats/Stand Up Paddleboards

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**PINEWOODS RESTAURANT, BISTRO & BEAR’S DEN PUB**

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Catering available for groups and events.

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**NATURALIST PROGRAMS**

Want to get to know your park and have fun doing it? Join us for family friendly, one hour programs offered from May Long until Labour Day weekend and check out our special events! Topics, times and locations posted weekly throughout the park.

Jenny’s Rangers offered at day programs.

**PROCEDURES**

Programs are free, but donations are welcome in support.

**LIGHTS ON LIGHTNING LAKE**

**LANCET FESTIVAL**

Saturday of the August long weekend.

Lantern Workshop 10-3 LL Day Use Area.

Hope Pass - 26km one way - 8 hours - 1050m elevation change. Start at Cayuse Flats on Hwy 3 & follow Skagit River north.

Horses allowed on: Monument 83, Windy Joe, Little Muddy, Lone Duck, North and South Gibson, and Poland Lake. See Mountain Bike brochure for more information.

**HORSE CAMPING: HEADWATERS CORRAL CAMPSITE**

**MOUNTAIN BIKE: HEADWATERS CORRAL CAMPITE**

**FOOD AND DRINK**

This map brought to you by:

**MANNING PARK RESORT**

**Spreading Phlox - 20 yrs to flower**

**Columbian Ground Squirrel**

**Jerry’s Rangers** offered at day programs.

For more info check events at www.manningpark.com